

KNOWLEDGE MANAGEMENT : KM

สำนักงานสรรพสามิตพื้นที่อุดรธานี สาขากุมภวาปี



Advice on prevention and control of coronavirus disease new species 2019

FOR WEARING A MASK

Recommendations for conventional face masks

Should be worn to fit the face. Turn the colored side out If it is a colorless Notice the crease of the mask. If the corner of the crease is pointing downward That side will be the outside of the mask. Keep the wire side on top and pull the mask over the nose and mouth.



Instructions for N95 face mask

To hold a mask in the palm of your hand Then cover the mask around the mouth and nose Pull the strap underneath the head and pull it down under the ear. Then pull the upper strap to hang over the back of the head. Squeeze the line Wire to fit the nose Test the fit of the mask with both hands over the mask and try to breathe.If the mask fits on the face when you inhale, the mask will collapse. Exhale will swell out



For a mask that is wet from secretions such as saliva and mucus, the mask should be replaced immediately. And should not be reused Before throwing away, the used mask should be put in a sealed bag. Or throw it in infected trash and wash your hands clean to avoid germs.



Vocabulary



Downward	=	ลดต่ำลง
Instructions	=	วิธีใช้
Palm	=	ฝ่ามือ
Secretions	=	สิ่งคัดหลั่ง
Saliva	=	น้ำลาย
Mucus	=	น้ำมูก
Immediately	=	โดยทันทีทันใด
Avoid	=	หลีกเลี่ยง
Germs	=	เชื้อโรค



Thank You

